PEPTIDE QUICK GUIDE

29 SKUs • Grouped by research topic • November 1, 2026

Use this guide as a starting point for your own research. Explore the clinical studies, possible side effects and exact product details for any item that interests you. Research topics are not promises of benefit; evidence ranges from cells and animals to human studies. Research products are not for human consumption.

Weight management & metabolism

Product / vial contents	Research focus
5-Amino-1MQ 50 mg	Fat metabolism; cellular energy use. [18]
AOD 9604 10 mg	Fat metabolism. [1]
Cagrilintide 5 mg	Appetite, fullness and body weight. [8]
Lipo-C 526 mg	Fat and nutrient metabolism; nutrient blend. [22]
Retatrutide 20 mg	Body weight and metabolism. [7]
Tesamorelin 10 mg	Abdominal fat and body composition in HIV-associated lipodystrophy. [9]
Tesamorelin 20 mg	Abdominal fat and body composition in HIV-associated lipodystrophy. [9]
Tirzepatide 20 mg	Body weight and appetite regulation. [6]

Growth Hormone | Muscle & Recovery

Product / vial contents	Research focus
CJC + Ipamorelin 10/10 mg	Growth hormone release; two-ingredient blend. [1, 10, 22]
CJC-1295 No DAC 10 mg	Growth hormone release. [22]
Ipamorelin 10 mg	Growth hormone release. [1]
Tesamorelin 10 mg / 20 mg	Growth hormone release; thinking and memory research in older adults. [9, 23-25]

Everyday focus: possible effects on muscle and recovery. Tesamorelin has also been studied for thinking and memory.
Listed amounts are vial contents, not doses. Source numbers refer to page 4.

RESEARCH TOPICS / CONTINUED

Tissue repair, skin & cartilage

Product / vial contents	Research focus
BPC-157 10 mg	Tissue and tendon repair. [2]
BPC-157 20 mg	Tissue and tendon repair. [2]
Cartalax 20 mg	Cartilage biology (catalog research category). [22]
GHK-Cu 50 mg	Skin repair and renewal. [4]
KLOW 80 mg	Skin, tissue repair and inflammation; four-ingredient blend. [22]
KPV 10 mg	Inflammation and intestinal biology. [5]
TB-500 10 mg	Tissue-repair research. [3]
Wolverine 10/10 mg	Tissue-repair blend: BPC-157 + TB-500. [2, 3, 22]

Cellular energy & antioxidant research

Product / vial contents	Research focus
Glutathione 1,500 mg	Antioxidant defenses; protection from chemical stress. [19]
MOTS-C 40 mg	Cellular energy, metabolism and exercise response. [11]
NAD+ 500 mg	Cellular energy processing. [20]
SS-31 50 mg	Mitochondrial function and muscle function. [12]

Wolverine stack: the informal name for BPC-157 plus TB-500. **KLOW:** GHK-Cu, KPV, BPC-157 and thymosin beta-4, as listed in the catalog.

RESEARCH TOPICS / CONTINUED

Sleep, brain & stress research

Product / vial contents	Research focus
DSIP 10 mg	Sleep regulation. [16]
Selank 10 mg	Anxiety and stress-related symptoms. [14]
Semax 5 mg	Brain function and stroke recovery research. [15]

Cellular aging

Product / vial contents	Research focus
Epithalon 50 mg	Cellular aging and chromosome-end maintenance. [17]

Reproductive hormones & sexual desire

Product / vial contents	Research focus
HCG 10,000 IU	Reproductive hormone signaling and fertility. [21]
PT-141 10 mg	Sexual desire signaling. [13]

SOURCES & FURTHER READING

Numbers in the guide link each entry to primary studies, official drug labels or FDA material. Source review: November 1, 2026. Labels and regulatory information can change.

01. FDA. Safety concerns for certain substances used in compounding. Safety context only; not evidence of effectiveness. Open source

02. Staresinic et al. BPC-157 in rat Achilles tendon healing. J Orthop Res (2003). Open source

03. FDA. July 2026 PCAC agenda: TB-500-related substances and proposed wound-healing use. Consideration is not approval. Open source

04. Effects of topical copper tripeptide complex on CO2 laser-resurfaced skin (2006). Open source

05. Dalmasso et al. KPV uptake and intestinal inflammation: cells and mice. Gastroenterology (2008). Open source

06. Zepbound (tirzepatide). Official prescribing information, DailyMed. Open source

07. Jastreboff et al. Retatrutide for obesity: randomized phase 2 trial. NEJM (2023). Open source

08. Lau et al. Cagrilintide for weight management: randomized phase 2 trial. Lancet (2021). Open source

09. Egrifta WR (tesamorelin). FDA prescribing information (2025). Open source

10. Teichman et al. Long-acting CJC-1295 in healthy adults. JCEM (2006). Open source

11. Reynolds et al. MOTS-c: human exercise observations and mouse experiments. Nature Communications (2021). Open source

12. Forzinity (elamipretide). FDA prescribing information (2025). Accelerated approval. Open source

13. Vyleesi (bremelanotide). Official prescribing information, DailyMed. Open source

14. Zozulia et al. Selank in generalized anxiety disorders and neurasthenia (2008). Open source

15. Semax in patients at different stages of ischemic stroke (2018). Open source

16. Effects of DSIP on sleep of chronic insomniac patients: double-blind study (1992). Open source

17. Khavinson et al. Epithalon and telomerase in cultured human cells (2003). Open source

18. Neelakantan et al. NNMT inhibition and obesity measures in mice (2018). Open source

19. Richie et al. Oral glutathione and body glutathione stores: randomized trial (2015). Open source

20. Grant et al. NAD+ infusion and metabolite changes: pilot study (2019). Open source

21. Pregnyl (chorionic gonadotropin). Official prescribing information, DailyMed. Open source

22. Apex Effect catalog and product specifications, checked November 1, 2026. Ingredient/listing source only; not clinical evidence. Open source

23. Baker et al. Tesamorelin and cognition in older adults: randomized trial (2012).
Open source

24. GHRH, cognition and brain connectivity: randomized pilot trial (2026).
Open source

25. Tesamorelin and neurocognitive impairment in people with HIV: trial (2025).
Open source

Continue your own research: read the clinical studies, possible side effects and exact product specifications for any item that interests you. Discuss personal health decisions with a qualified healthcare professional.